

Metro-North Railroad – Southeast Station

Connection Schedule

hartransit.com

(203) 744-4452

Connecting HARTransit Bus Service to Metro-North Rail · Effective March 29, 2026

→ OUTBOUND → New Fairfield to Grand Central Terminal (Weekdays)

Stop	AM	AM	AM	AM	PM	PM	PM	PM	PM
New Fairfield (Company A)	5:32	5:55	6:26	7:00	6:36	6:50	7:25	7:45	8:07
New Fairfield (Ball Pond)	5:37	6:00	6:31	7:05	6:41	6:55	7:30	7:50	8:12
BUS ARRIVES: Southeast Station	5:56	6:18	6:49	7:23	7:06	7:20	7:55	8:15	8:37
■ TRANSFER TIME	5 min	8 min	6 min	6 min	13 min	—	13 min	64 min	42 min
TRAIN DEPARTS: Southeast Station	6:01	6:26	6:55	7:29	7:19	7:19	8:08	9:19	9:19
White Plains Station	6:51	7:12	—	8:19	8:10	8:10	8:59	10:09	10:09
TRAIN ARRIVES: Grand Central Terminal	7:30	7:54	8:25	8:57	8:48	8:48	9:37	10:49	10:49

← INBOUND ← Grand Central Terminal to New Fairfield (Weekdays — All PM)

Stop	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM	PM
TRAIN DEPARTS: Grand Central Terminal	4:18	4:34	4:43	4:57	5:16	5:27	5:44	6:04	6:29	6:58	7:26
White Plains Station	—	5:10	5:17	5:31	5:52	—	—	6:39	7:03	7:32	8:00
TRAIN ARRIVES: Southeast Station	5:44	6:00	6:17	6:22	6:37	6:52	7:07	7:28	7:56	8:25	8:57
■ TRANSFER TIME	5 min	18 min	5 min	20 min	5 min	20 min	5 min	5 min	5 min	4 min	5 min
BUS DEPARTS: Southeast Station	5:49	6:18	6:22	6:42	6:42	7:12	7:12	7:33	8:01	8:29	9:02
New Fairfield (Ball Pond)	6:18	6:44	6:48	7:10	7:10	7:39	7:39	8:01	8:28	8:55	9:29
New Fairfield (Company A)	6:23	6:49	6:53	7:15	7:15	7:44	7:44	8:06	8:33	9:00	9:34

■ HARTransit Bus Service ■ Metro-North Rail Service ■ Transfer Point at Southeast Station — Stop not served on this trip * Will not operate Fridays & 7/2